

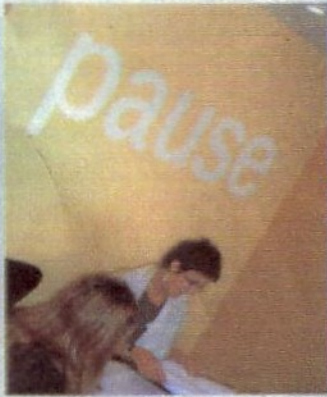
andrew kay's food & drink

andrew kay is out to lunch

PAUSE FOR THOUGHT

New England House, home to this prestigious journal, lies in a culinary wasteland. That said we do have Miss Muffet's on level two, where the girls make first class bacon sandwiches and much more. But anything else is just that bit too far away for a decent lunchbreak repast.

So it was with delight that I spotted the newly opened Pause at the foot of New England Hill. Pause is small and very stylish with a nice retro, hotel style interior with a mix of sofas, tables and chairs and bar seating. I slipped in with my *Guardian* crossword a few days ago and enjoyed a nice lunch of chicken samosas and salad. The samosas, small but in abundance, were spicy but not fiery, crisp and piping hot. The salad was huge and varied with a good variety of leaves topped with tasty tomatoes, peppers and even radishes. I love radishes, especially dipped into unsalted butter and



then into salt crystals, so they scored extra points for that. Extra points too for a very good salad dressing served on the side so that I could make my own decision about how much or little I had. There was also a small bowl of sweet chilli sauce to dip into, which I took full advantage of.

To drink, a nice cold glass of milk – I'm one of the few people of my generation who were not put off the stuff by the daily school ration. In the winter it was blissfully cool but in the summer it could be a bit manky as it reached blood temperature (we used to take great delight in making Andrew Bannerman laugh as he drank his milk so that it would come down his nose, it never failed). This was a nice foil to the spicy food.

Pause is a welcome oasis over here, and I will probably use it to escape for moments of sanity.
Pause, 1 Circus Parade, New England Road, Brighton, 01273 690300